

1.

The Florida Senate Local Funding Initiative Request Fiscal Year 2023-2024

LFIR # 1981

Project Title	UCF - Post Traumatic Stress Disorder Clinic for Florida Veterans and F Responders	irst
	Responders	_

2. Senate Sponsor Tom Wright

3. Date of Request 02/22/2023

4. Project/Program Description

State Agency contacted?

UCF RESTORES PTSD Clinic provides treatment and resiliency services at no cost to Florida's active-duty personnel, veterans, first responders, law enforcement personnel, firefighters, emergency medical technicians, paramedics, and survivors of sexual assault, mass shootings or natural disasters. The Clinic's innovative three-week intensive outpatient treatment program is the only program of its kind in the country with significantly improved patient outcomes over that of other providers. This funding will provide for services at the Orlando clinic, including salaries and benefits for personnel and other operational costs (equipment and supplies) allowing the Clinic to function for another year.

5. State Agency to receive requested funds

Board of Governors

Yes

6. Amount of the Nonrecurring Request for Fiscal Year 2023-2024

Type of Funding	Amount	
Operations	1,000,000	
Fixed Capital Outlay	0	
Total State Funds Requested	1,000,000	

7. Total Project Cost for Fiscal Year 2023-2024 (including matching funds available for this project)

Type of Funding	Amount	Percentage	
Total State Funds Requested (from question #6)	1,000,000	100%	
Matching Funds			
Federal	0	0%	
State (excluding the amount of this request)	0	0%	
Local	0	0%	
Other	0	0%	
Total Project Costs for Fiscal Year 2023-2024	1,000,000	100%	

8. Has this project previously received state funding? Yes

Fiscal Year	Amo	ount	Specific	Vetoed
(уууу-уу)	Recurring	Nonrecurring	Appropriation #	
2022-23	0	515,000	145	No

9. Is future funding likely to be requested?

Yes

1,000,000

a. If yes, indicate nonrecurring amount per year.

b. Describe the source of funding that can be used in lieu of state funding.

This project can be enhanced by federal grants and private contributions, but state funding is needed to continue operations.

10. Has the entity requesting this project received any federal assistance related to the COVID-19 pandemic?



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Yes

If yes, indicate the amount of funds received and what the funds were used for.

The Clinic received \$50,000 to treat Orange County first responders and was also awarded funds to treat Azalea Park residents with PTSD due to high rates of COVID-19. All funds were spent on treatment by 12/30/2020 as required. No further funding received.

Complete questions 11 and 12 for Fixed Capital Outlay Projects

11. Status of Construction

a. What is the current phase of the project?

OPlanning ODesign OConstruction

- b. Is the project "shovel ready" (i.e permitted)?
- c. What is the estimated start date of construction?
- d. What is the estimated completion date of construction?

12.	List the owners of the facility to receive, directly or indirectly, any fixed capital outlay funding. Include the
	relationship between the owners of the facility and the entity.

13. Details on how the requested state funds will be expended

Spending Category	Category Description		
Administrative Costs:			
Executive Director/Project Head Salary and Benefits		0	
Other Salary and Benefits		0	
Expense/Equipment/Travel/Supplies/ Other		0	
Consultants/Contracted Services/Study		0	
Operational Costs: Other			
Salary and Benefits	Retention of personnel who perform the essential functions of the PTSD Clinic. and who have allowed the clinic to provide the needed training and clinical services at no cost to Florida's veterans, military personnel, first responders, survivors of sexual trauma, and survivors of mass shootings and other natural/man-made disasters.	850,000	
Expense/Equipment/Travel/Supplies/ Other	Mental wellness rapid response vehicle, assuring the capability for rapid response to large-scale traumatic events such as natural disasters and mass violence.	150,000	
Consultants/Contracted Services/Study		0	
Fixed Capital Construction/Majo	r Renovation:		
Construction/Renovation/Land/ Planning Engineering		0	
Total State Funds Requested (m	ust equal total from question #6)	1,000,000	

14. Program Performance



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a. What specific purpose or goal will be achieved by the funds requested?

Continuing to serve the citizens of Florida in providing free, highly successful treatment to Florida's veterans and activeduty military personnel, first responders, and victims of sexual assault and mass shootings. This funding will allow the UCF Clinic to continue our innovative prevention and treatment programs including evidence based strategies for suicide prevention.

b. What activities and services will be provided to meet the intended purpose of these funds?

This funding will provide for: continued operation of the UCF Clinic treatment program at current locations (treatment is free). The innovative three-week intensive outpatient treatment program, where personnel are treated three times per day, five days per week, is the only program of its kind in the country. The program includes the use of virtual reality (sights, sounds, and smells) to enhance the effects of the therapy and we have seen remarkable success.

c. What direct services will be provided to citizens by the appropriation project?

A. PTSD treatment to include personal and group counseling and virtual reality experiences in a three-week intensive setting; access to trained providers for Florida's veterans and active-duty military personnel; and online counseling and other assistance.

B. Direct clinical services to first responders and survivors of traumatic events such as mass violence, natural disasters such as Hurricanes Ian & Nicole, Surfside building collapse, and to prevent suicide contagion. Also education of clinicians in the area of the event to provide evidence-based treatment to the community.

C. Education and training of mental health clinicians to provide evidence-based therapy to survivors of trauma

D. Education and suicide prevention to vulnerable groups (veterans and first responders)

E. On-line referral services for first responders and veterans

d. Who is the target population served by this project? How many individuals are expected to be served?

All projects will be directed at citizens of Florida who have experienced traumatic events or Florida clinicians who will be trained to provide evidence-based psychotherapy for trauma survivors. We anticipate that, between the direct clinical services and the educational/outreach services that we will provide. between 5,000 and 10,000 individuals will be served through these endeavors.

e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will

be measured?

Improved mental health for Florida's citizens. Outcome will be assessed by the percentage of individuals who no longer meet diagnostic criteria for post-traumatic stress disorder after completing treatment; For educational initiatives - we will document the percentage of clinicians who complete the training and the number of individuals who take part in the online or in-person education and training programs. Concerning return on investment, it cannot be overstated that a key outcome of the Clinic's work is to allow the state to retain its critical group of first responders by allowing them to recover from their trauma-related injuries and return to the workplace.

f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for the contract?

Return/reversion of state funds.

15. Requester Contact Information

a. First Name	Alexander	Last Name	Cartwright
b. Organization	University of Central Florida		
c. E-mail Address	president@ucf.edu		
d. Phone Number	(407)823-2484	Ext.	

16. Recipient Contact Information



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University of Central Florida - RESTORES a. Organization PTSD Clinic b. Municipality and County Orange c. Organization Type □For Profit Entity □Non Profit 501(c)(3) □Non Profit 501(c)(4) □Local Entity ☑University or College □Other (please specify) d. First Name Last Name Beidel Deborah e. E-mail Address deborah.beidel@ucf.edu f. Phone Number (407)823-3910 **17. Lobbyist Contact Information** a. Name Janet D. Owen b. Firm Name

c. E-mail Address janet.owen@ucf.edu

d. Phone Number (407)823-3733

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