

- 1. **Project Title** University of Central Florida PTSD Clinic for Veterans and First Responders
- 2. Senate Sponsor Linda Stewart
- 3. Date of Request 11/05/2019

### 4. **Project/Program Description**

The University of Central Florida seeks \$3,784,500 that will allow us to continue to serve citizens of Florida who have been affected by trauma. Specifically, our request is to continue our innovative treatment program and develop new initiatives that address two crucial mental health needs in our state: The lack of adequately trained, trauma-informed clinicians who can effectively treat survivors of trauma. The need for efficacious, evidenced based strategies for suicide prevention.

Initiative Total: UCF RESTORES Treatment Program \$850,000. State-wide network of trauma-informed clinicians \$834,500. On-line Suicide Prevention Curriculum \$300,000. Red Line Rescue, Blue Line Rescue and Front Line (Veteran) Rescue apps \$500,000. Peer support training for first responders and the LBGTQ community \$300,000. Establishment of a Behavioral Health Command Center \$1,000,000

5. State Agency to receive requested funds

Department of Education

State Agency contacted? 

 Yes
 No

### 6. Amount of the Nonrecurring Request for Fiscal Year 2020-2021

Type of Funding	Amount	
Operations	3,784,500	
Fixed Capital Outlay	000	
Total State Funds Requested	3,784,500	

7. Total Project Cost for Fiscal Year 2020-2021 (including matching funds available for this project)

Type of Funding	Amount	Percentage	
Total State Funds Requested (from question #6)	3784500	100.0 %	
Matching Funds			
Federal	00	0 %	
State (excluding the amount of this request)	00	0 %	
Local	00	0 %	
Other	00	0 %	
Total Project Costs for Fiscal Year 2020-2021	3,784,500	100 %	

8. Has this project previously received state funding? • Yes O No If yes, provide the most recent instance:

Fiscal Year	Amount		Specific	
(уууу-уу)	Recurring	Nonrecurring	Appropriation #	Vetoed
2018-19	00	500,000		No

9. Is future-year funding likely to be requested? • Yes • No

If yes, indicate nonrecurring amount per year.

2,000,000



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### 10. Details on how the requested state funds will be expended

Spending Category	Description	Amount	
Administrative Costs:			
Executive Director/Project Head Salary and Benefits			
Other Salary and Benefits			
Expense/Equipment/ Travel/Supplies/Other			
Consultants/Contracted Services/Study			
Operational Costs: Oth	er		
Salary and Benefits	Personnel to provide psychological services to Florida residents who are the survivors of trauma at clinics located in Orange and Brevard counties. Personnel costs (salaries and fringe) are requested for 5 masters level therapists, 1 care coordinator, 2 receptionists/medical records specialists, 4 graduate students (who assist in providing treatment), 1 business specialist, 1 program manager, and 2 outreach personnel .	750,000	
Expense/Equipment/ Travel/Supplies/Other	Operational expenses for Orange and Brevard county clinics - \$100,000. State-wide network to train 201 (three in each county) culturally competent, trauma-informed clinicians who would provide evidence- based treatment for first responders and veterans with PTSD - \$834,500. Development of an on-line suicide prevention curriculum for populations at risk (adolescents, first responders, veterans and the LBGTQ+ community) - \$300,000. Peer support training for first responders and the LBGTQ community	2,534,500	
Consultants/Contracted Services/Study	Build, deploy and maintain the Red Line Rescue (firefighters), Blue Line Rescue (Law Enforcement) and Front Line (Veteran) Rescue smartphone applications. Its purpose is to link individuals in distress and/or suicidal with a peer who is trained in peer support. It will also allow individuals in distress to find a therapist who is culturally competent and trained in the provision of evidence-based trauma treatments - \$500,000	500,000	
Fixed Capital Construction/Major Renovation:			
Construction/Renovation/ Land/Planning Engineering			
Total State Funds Re	equested (must equal total from question #6)	3,784,500	



LFIR # 2122

### 11. Program Performance

#### a. What specific purpose or goal will be achieved by the funds requested?

The University of Central Florida seeks \$3,784,500 that will allow us to continue to serve citizens of Florida who have been affected by trauma. Specifically, our request is to continue our innovative treatment program (provided at two clinics in the state of Florida) and develop new initiatives that address two crucial mental health needs in our state:

• The lack of adequately trained, trauma-informed clinicians who can effectively treat survivors of trauma.

• The need for efficacious, evidenced based strategies for suicide prevention.

#### b. What activities and services will be provided to meet the intended purpose of these funds?

A. Continued operation of the UCF RESTORES treatment program at current locations. B. Develop a state-wide network of culturally competent, trauma informed clinicians to treat PTSD.

C. Develop an on-line suicide prevention curriculum for four populations at high risk.D. Build, deploy and maintain the Red Line Rescue, Blue Line Rescue and Front Line (Veteran) Rescue apps to prevent suicide and connect individuals with resources for mental health.E. Peer support training for first responders and the LBGTQ community. F. Establishment of a Behavioral Health Command Center to respond to mass violence and natural disasters and to prevent suicide contagion.

#### c. What direct services will be provided to citizens by the appropriation project?

A. Direct clinical services to Florida citizens. B. Education and training of mental health clinicians to provide evidence-based therapy to survivors of trauma. C. Education and suicide prevention to vulnerable groups (adolescents, veterans, LBGTQ, and first responders). D. On-line referral services for first responders and veterans. E. Training for first responders and th LBGTQ community to serve as peer support for their fellow community. F. Direct clinical services to first responders and survivors of traumatic events such as mass violence, natural disasters such as Hurricane Michael, and to prevent suicide contagion. Also education of clinicians in the area of the event to provide evidence-based treatment to the community.

#### d. Who is the target population served by this project? How many individuals are expected to be served?

All projects will be directed at citizens of Florida who have experienced traumatic events or Florida clinicians who will be trained to provide evidence-based psychotherapy for trauma survivors.

We anticipate that, between the direct clinical services and the educational/outreach services that we will provide, between 5,000 and 10,000 individuals will be served through these endeavors.

### e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will be measured?

Improved mental health for Florida's citizens. Outcome will be assessed by the percentage of individuals who no longer meet diagnostic criteria for posttraumatic stress disorder after completing treatment

For educational initiatives - we will document the percentage of clinicians who complete the trainining and the number of individuals who take part in the on-line or in person education and training programs.

## f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for in the contract?

Loss or reversion of state funds.



# 12. The owners of the facility to receive, directly or indirectly, any fixed capital outlay funding. Include the relationship between the owners of the facility and the entity.

	No fixed capital outlay funding ins requested		
13.	Re	equestor Contact	t Information
	a.	First Name	Deborah Last Name Beidel
	b.	Organization	UCF RESTORES, University of Central Florida
	c.	E-mail Address	deborah.beidel@ucf.edu
	d.	Phone Number	(407)823-3910 Ext.
14.	Re	ecipient Contact	Information
	a.	Organization	University of Central Florida
	b.	Municipality and	County Orange
	c.	Organization Typ	pe
		O For-profit E	Intity
		O Non-Profit &	501(c) (3)
		O Non-Profit 5	501(c) (4)
		<ul> <li>Local Entity</li> </ul>	Y Contraction of the second
		University c	or College
		Other (plea	ase specify)
	d.	First Name	Deborah Last Name Beidel
	e.	E-mail Address	deborah.beidel@ucf.edu
	f.	Phone Number	(407)8233910
15.	Lo	obbyist Contact I	Information
	a.	Name	Janet D.Owen
	b.	Firm Name	University of Central Florida
	c.	E-mail Address	janet.owen@ucf.edu

d. Phone Number (904)6999750

Ext.