CS/HB 7139 2013

A bill to be entitled

An act relating to the establishment of a mental health first aid training program; requiring the Department of Children and Families to establish a mental health first aid training program; providing for a mental health first aid course to be offered by behavioral health managing entities or other community providers; providing course requirements; requiring instructors to be certified; requiring the department to submit a report to the Governor and Legislature; providing for expiration of the program; providing an effective date.

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Be It Enacted by the Legislature of the State of Florida:

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Mental health first aid training program. -Section 1. The Department of Children and Families shall

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establish a mental health first aid training program to help the public identify and understand the signs of mental illness and substance use disorders and to provide the public with skills to help a person who is developing or experiencing a mental health

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The training program shall provide an interactive mental health first aid training course through contracts with behavioral health managing entities or other appropriate community providers. The contracting entity shall work cooperatively with local schools to provide first priority for training to the staff in schools, as appropriate.

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or substance use problem.

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The training program shall include, but need not be limited to, the following:

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- An overview of mental illnesses and substance use disorders and the need to reduce the stigma of mental illness.
- Information on the potential risk factors and warning (b) signs of mental illness or substance use disorders, including depression, anxiety, psychosis, eating disorders, and selfinjury, and common treatments for those conditions.
- (c) An action plan that encompasses the skills, resources, and knowledge to assess the situation, select and implement appropriate interventions, and help an individual with appropriate professional, peer, social, or self-help care.
- The department shall ensure that instructors in the training program have been certified by a national authority for Mental Health First Aid USA.
- (5) The department shall submit a report on the effectiveness of mental health first aid training program provided pursuant to this act, with recommendations regarding continued implementation of the program. The report shall be submitted to the Governor, the President of the Senate, and the Speaker of the House of Representatives by December 31, 2015.
 - This section expires June 30, 2016.
 - Section 2. This act shall take effect July 1, 2013.