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### The Florida Senate

# Local Funding Initiative Request Fiscal Year 2019-2020

LFIR#: 1973

L. Title of Project: Family Stabilization

Senate Sponsor: Dennis Baxley
 Date of Submission: 02/21/2019

### 4. Project/Program Description:

The funds will be utilized to provide in home evidence based services family therapy to families at risk of out of home placement in Miami-Dade, Orange, Lee, Bay, Broward, and Polk Counties (to include the circuit areas of those counties) in order to reduce the number of children being removed from the home or entering the juvenile justice system. These services can also be utilized with foster families in an effort to reduce the number of children moving to multiple foster homes. The programs will provide treatment services called Functional Family Therapy (FFT) an intensive, community-based, family-centric stabilization intervention that will be delivered in partnership with the Managing Entities, Child Protection Investigators, SEDNET, and Community-Based Care organizations. This program is consistent with the federal Families First legislation that will send funds to Florida in 2020 that require prevention oriented evidence based programs.

5. State Agency to receive requested funds: Department of Children and Families

State Agency Contacted? Yes

### 6. Amount of the Nonrecurring Request for Fiscal Year 2019-2020

Type of Funding	Amount
Operations	3,600,000
Fixed Capital Outlay	
Total State Funds Requested	3,600,000

#### 7. Total Project Cost for Fiscal Year 2019-2020 (including matching funds available for this project)

Type of Funding	Amount	Percent
Total State Funds Requested (from question #6)	3,600,000	100.00%
Federal	0	0.00%
State (excluding the amount of this request)	0	0.00%
Local	0	0.00%
Other	0	0.00%
Total Project Costs for Fiscal Year 2019-2020	3,600,000	100.0%

### 8. Has this project previously received state funding? No

Fiscal Year	Amount		Specific	
(yyyy-yy)	Recurring	NonRecurring	Appropriation #	Vetoed

9. Is future-year funding likely to be requested? Yes



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### a. If yes, indicate non-recurring amount per year. \$3,600,000

### 10. Details on how the requested state funds will be expended

Spending Category	Description	Amount
Administrative Costs:		
Executive Director/Project Head Salary and Benefits	EBA Salary and Benefits for "Family Stabilization Project" Director Masters-level with 5+ experience in behavioral health project management (Total 1.25 FTE)	173,040
Other Salary and Benefits	EBA Salaries and Benefits for Masters-Level "Family Stabilization Project" Data Manager, Data Specialist, Staff Accountant/Fiscal Manager, and Director of Operations (Total 3 FTE)	302,400
Expense/Equipment/Travel/Supplies/Other	EBA Office Equipment, EBA Staff Travel between and among six project sites and office supplies	157,680
Consultants/Contracted Services/Study	EBA Subcontracted Accounting, Legal/Compliance and Human Resource Specialists.	87,120
Operational Costs:		
Salary and Benefits	Direct Service Provider Salaries and Benefits for 3-4 full time, trained, licensed clinical staff per site (based on assessment of local need) six (6) FFT teams = Total 24 FTE trained and certified FFT clinical staff.	2,160,000
Expense/Equipment/Travel/Supplies/Other	Direct Service Provider Equipment, Lease/Utilities, Insurance and Supplies, \$41,560 per team X 6 teams and FFT Trainer Travel.	249,360
Consultants/Contracted Services/Study	FFT training and licensing fees plus travel for 6 sites/FFT clinical teams; FFT Quality Assurance Director and Evaluation Director to provide data reports on fidelity, family satisfaction and outcomes for FFT program implementation.	470,400
Fixed Capital Construction/Major Re	novation:	
Construction/Renovation/Land/Planning Engineering		
Total State Funds Requested (must e	equal total from question #6)	3,600,000

### **11.** Program Performance:

### a. What is the specific purpose or goal that will be achieved by the funds requested?

These six communities have been identified by DCF as communities exhibiting high numbers of children being removed from the home or at risk of being removed, children entering the child welfare/foster care or juvenile justice system due to families being destabilized secondary to substance misuse and opioid addiction. The selected evidence-based intervention, FFT, was found to be highly effective in a large clinical trial in New York in terms of engaging families into treatment, strengthening family core functioning, and reducing the number of children being removed when compared to Usual Services provided by the Administration for Children's



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Services (ACS). Each program will serve an average of 80 families (480 families) with an average family of four persons for 1,920 family members in the state.

### b. What are the activities and services that will be provided to meet the intended purpose of these funds?

Functional Family Therapy (FFT) has received international recognition for its outcomes in helping troubled youth and their families to overcome delinquency, substance abuse, and violence. FFT works with the entire family system to address both individual and family-level problems. FFT has proven to be a successful strategy in serving families in the Florida juvenile justice system. While FFT has been utilized in child welfare systems in other states, it has not been used in the child welfare system in Florida up until recently. Functional Family Therapy is a brief intervention that -on average-consists of 12-14 1-hour weekly family sessions. FFT is applied in five distinct phases; engagement, motivation, relational assessment, behavior change, and generalization.

### c. What are the direct services to be provided to citizens by the appropriations project?

The programs will provide an intensive, in-home treatment service called Functional Family Therapy (FFT), an intensive, community-based, family-centric stabilization intervention that will be delivered in partnership with the Managing Entities, Child Protection Investigators, SEDNET, and Community-Based Care organizations. Additionally, these services can receive referrals through the Multiagency Network for Students with Emotional/Behavioral Disabilities (SEDNET) at schools. SEDNET creates and facilitates a network of key stakeholders committed to assisting in the provision of a quality system of care for students with or at-risk of emotional and/or behavioral challenges. This is in line with the multi-agency collaboration that was highlighted (Marjory Stoneman Douglas Public Safety Commission Report) in last session School Safety legislation passed during last session.

### d. Who is the target population served by this project? How many individuals are expected to be served?

Families identified by DCF as communities exhibiting high numbers of children being removed from the home or at risk of being removed, children entering the child welfare/foster care or juvenile justice system due to families being destabilized secondary to substance misuse and opioid addiction. Additionally, foster families identified by DCF as at risk of moving the foster child to another living situation. Also, the families of children identified in school by the Multiagency Network for Students with Emotional/Behavioral Disabilities (SEDNET) in line with the Marjory Stoneman Douglas School Safety legislation. Each program will serve an average of 80 families (480 total families) with an average family of four persons for 1,920 individuals in this state.

### e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will be measured?

90% of the youth who and families who complete treatment will demonstrate a decrease in their use of substances. This will be measured using the Pre and Post Outcome Questionnaire 45.2. 90% of the youth that complete the therapy successfully will demonstrate improved mental health as evidence by a decrease in scores for anxiety, depression, suicidal ideation's and anger/violence outbursts. This will be measured by Pre and Post Assessment Youth Outcomes. Questionnaire Parent Report and Youth Self Report 90% of the youth and families that complete the therapy successfully will demonstrate an improvement in their physical health as demonstrated by decreased irritation, headaches, muscle pain and improved sleeping patterns. This will be measured by Pre and Post Outcome Questionnaire 45.2.

f. What are the suggested penalties that the contracting agency may consider in addition to its standard

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### penalties for failing to meet deliverables or performance measures provided for in the contract?

Noncompliance that is determined to have a direct effect on client health and safety shall result in the imposition of a ten percent (10%) penalty of the total contract payments during the period in which the corrective action plan has not been implemented or in which acceptable progress toward implementation has not been in Noncompliance involving the provision of service not having a direct effect on client health and safety shall result in the imposition of a five percent (5%) penalty. Noncompliance as a result of unacceptable performance of administrative tasks shall result in the imposition of a two percent (2%) penalty.

12. The owner(s) of the facility to receive, directly or indirectly, any fixed capital outlay funding. Include the relationship between the owner(s) of the facility and the entity.

N/A

### 13. Requestor Contact Information:

a. Name: Nicole Janer

b. Organization: Phoenix Affiliates

c. E-mail Address: njaner@ebanetwork.com

d. Phone Number: (315)317-6025

#### 14. Recipient Contact Information:

a. Organization: Phoenix Affiliates

b. County: Seminolec. Organization Type:

For Profit

O Non Profit 501(c) (3)

O Non Profit 501(c) (4)

O Local Entity

O University or College

O Other (Please specify)

d. Contact Name: Dan Edwards

e. E-mail Address: dedwards@ebanetwork.com

f. Phone Number: (843)343-8747

### 15. Lobbyist Contact Information

a. Name: Wansley Walters

b. Firm Name: Ballard Partners

c. E-mail Address: wansley@ballardfl.com

d. Phone Number: (305)333-1469