



# The Florida Senate

## Local Funding Initiative Request

### Fiscal Year 2020-2021

LFIR # 2398

1. **Project Title** Seafood For Life - A Dive Into Healthy Aging2. **Senate Sponsor** Audrey Gibson3. **Date of Request** 01/06/20204. **Project/Program Description**

Many seniors live in food deserts. The program will provide a once a week trip to the store to purchase fresh fish, cooking demos and potentially a seafood establishment that will provide coupons.

5. **State Agency to receive requested funds** Department of Elder AffairsState Agency contacted? ☐ Yes ☒ No6. **Amount of the Nonrecurring Request for Fiscal Year 2020-2021**

Type of Funding	Amount
Operations	170,350
Fixed Capital Outlay	000
<b>Total State Funds Requested</b>	<b>170,350</b>

7. **Total Project Cost for Fiscal Year 2020-2021 (including matching funds available for this project)**

Type of Funding	Amount	Percentage
Total State Funds Requested (from question #6)	170350	100.0 %
<b>Matching Funds</b>		
Federal	00	0 %
State (excluding the amount of this request)	00	0 %
Local	00	0 %
Other	00	0 %
<b>Total Project Costs for Fiscal Year 2020-2021</b>	<b>170,350</b>	<b>100 %</b>

8. **Has this project previously received state funding?** ☐ Yes ☒ No

If yes, provide the most recent instance:

Fiscal Year (yyyy-yy)	Amount		Specific Appropriation #	Vetoed
	Recurring	Nonrecurring		

9. **Is future-year funding likely to be requested?** ☐ Yes ☒ No

If yes, indicate nonrecurring amount per year.



# The Florida Senate

## Local Funding Initiative Request

### Fiscal Year 2020-2021

LFIR # 2398

#### 10. Details on how the requested state funds will be expended

Spending Category	Description	Amount
<b>Administrative Costs:</b>		
Executive Director/Project Head Salary and Benefits		
Other Salary and Benefits		
Expense/Equipment/Travel/Supplies/Other		
Consultants/Contracted Services/Study		
<b>Operational Costs: Other</b>		
Salary and Benefits	Dietician	13,448
Expense/Equipment/Travel/Supplies/Other	Travel, laptop, IT support and indirect costs	6,902
Consultants/Contracted Services/Study	Service to seniors living in food desert areas	150,000
<b>Fixed Capital Construction/Major Renovation:</b>		
Construction/Renovation/Land/Planning Engineering		
<b>Total State Funds Requested (must equal total from question #6)</b>		170,350



# The Florida Senate

## Local Funding Initiative Request

### Fiscal Year 2020-2021

LFIR # 2398

#### 11. Program Performance

- a. What specific purpose or goal will be achieved by the funds requested?

Seafood consumption is associated with lower risk at 38% lower Alzheimer's Disease mortality, 10% lower Heart Disease mortality and 8% lower in total mortality in women and 37% lower chronic liver disease mortality, 20% lower respiratory disease mortality, 10% lower heart disease mortality, 6% lower cancer mortality and 9% lower in total mortality in men.

- b. What activities and services will be provided to meet the intended purpose of these funds?

UNF Meals on Wings field trips and partnerships with colleges and universities and transportation entities. Meals on Wings is a program that offers a solution by recovering food that would normally be wasted from the hospital and repackaging the food into healthful meals and then delivering the meals to seniors.

- c. What direct services will be provided to citizens by the appropriation project?

12 week class for nutrition education and meal prep and also prepare thermal bags to seniors.

- d. Who is the target population served by this project? How many individuals are expected to be served?

Seniors at 21 senior centers throughout Northeast Florida.

- e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will be measured?

Research shows people who regularly consume fish live an average of 2.2 years longer than those who don't eat fish. Eating fish is associated with better brain health and better cognitive function as we age. People who eat fish are also less likely to experience depression. Healthy intake of lean protein, omega-3s, calcium and vitamin D as found in fish can help maintain muscle strength, prevent muscle loss and reduce our risk of falling as we age. A modest consumption of fish (around 1-2 servings per week) is associated with significant reductions in risk for death by cardiovascular, respiratory, liver and cancer diseases. While eating fish is healthful, the greatest impact on long-term health was found with eating non-fried fish.

- f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for in the contract?

N/A



# The Florida Senate

## Local Funding Initiative Request

### Fiscal Year 2020-2021

LFIR # 2398

12. The owners of the facility to receive, directly or indirectly, any fixed capital outlay funding. Include the relationship between the owners of the facility and the entity.

N/A

13. Requestor Contact Information

- a. First Name  Last Name
- b. Organization
- c. E-mail Address
- d. Phone Number  Ext.

14. Recipient Contact Information

- a. Organization
- b. Municipality and County
- c. Organization Type
- ☐ For-profit Entity
  - ☒ Non-Profit 501(c) (3)
  - ☐ Non-Profit 501(c) (4)
  - ☐ Local Entity
  - ☐ University or College
  - ☐ Other (please specify)
- d. First Name  Last Name
- e. E-mail Address
- f. Phone Number

15. Lobbyist Contact Information

- a. Name
- b. Firm Name
- c. E-mail Address
- d. Phone Number  Ext.