



The Florida Senate

Local Funding Initiative Request

Fiscal Year 2022-2023

LFIR # 1040

1. **Project Title**
2. **Senate Sponsor**
3. **Date of Request**

4. Project/Program Description

Mental Health First Aid (MHFA) is identified in Substance Abuse and Mental Health Services Administration's (SAMHSA) National Registry of evidence based programs. Often, we are unsure about whether to approach someone who appears upset and feel helpless about how to be of assistance. MHFA teaches a basic 5-step intervention that empowers the participants to directly confront someone who is showing signs and symptoms of distress and guide them to the help they need. The requested funds will allow Alpert JFS to provide Mental Health First Aid trainings with a focus on high-risk communities. Alpert Jewish Family Service will send 8 individuals to a national training to be become certified as an Mental Health First Aid Instructors by The National Council for Wellbeing. These instructors will provide the 7.5 hour training to 700 new community members and professionals.

5. **State Agency to receive requested funds**
- State Agency contacted?**

6. Amount of the Nonrecurring Request for Fiscal Year 2022-2023

Type of Funding	Amount
Operations	200,000
Fixed Capital Outlay	0
Total State Funds Requested	200,000

7. Total Project Cost for Fiscal Year 2022-2023 (including matching funds available for this project)

Type of Funding	Amount	Percentage
Total State Funds Requested (from question #6)	200,000	100%
Matching Funds		
Federal	0	0%
State (excluding the amount of this request)	0	0%
Local	0	0%
Other	0	0%
Total Project Costs for Fiscal Year 2022-2023	200,000	100%

8. **Has this project previously received state funding?**

Fiscal Year (yyyy-yy)	Amount		Specific Appropriation #	Vetoed
	Recurring	Nonrecurring		
2021-22	0	100,000	367	No

9. **Is future funding likely to be requested?**
- a. **If yes, indicate nonrecurring amount per year.**
- b. **Describe the source of funding that can be used in lieu of state funding.**
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10. **Has the entity requesting this project received any federal assistance related to the COVID-19 pandemic?**



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Yes

If yes, indicate the amount of funds received and what the funds were used for.

Alpert Jewish Family Service received a PPP loan in the amount of \$909,299. 100 percent was used for payroll.

11. Details on how the requested state funds will be expended

Spending Category	Description	Amount
Administrative Costs:		
Executive Director/Project Head Salary and Benefits		0
Other Salary and Benefits		0
Expense/Equipment/Travel/Supplies/Other	Training 8 new instructors that receive National Certification upon successful completion of course (\$20,000 - \$2,500 per participant); training 700 new program participants (\$30,835 - \$25.95 per program participant + Instructor Stipends) Local travel (\$2,894); Supplies (\$4,000), in-kind expenses including rent, utilities, telecommunications, insurance (\$7,081)	64,810
Consultants/Contracted Services/Study		0
Operational Costs: Other		
Salary and Benefits	Program Director, Assistant Program Director, and partial Clinical Director.	135,190
Expense/Equipment/Travel/Supplies/Other		0
Consultants/Contracted Services/Study		0
Fixed Capital Construction/Major Renovation:		
Construction/Renovation/Land/Planning Engineering		0
Total State Funds Requested (must equal total from question #6)		200,000

12. Program Performance

a. What specific purpose or goal will be achieved by the funds requested?

Alpert Jewish Family Service will add 8 new nationally certified instructors and broaden its reach to a wider population with a focus on vulnerable communities. These 8 new instructors will train an additional 700 first responders, professionals, and concerned citizens to recognize signs, symptoms, and behavior changes in individuals developing or suffering a mental illness and/or substance use disorder.

b. What activities and services will be provided to meet the intended purpose of these funds?

Requested funds will allow Alpert Jewish Family Service to provide Mental Health First Aid trainings with a focus on high-risk communities. Alpert Jewish Family Service will send 8 individuals to a national training to be become certified as an Mental Health First Aid Instructors by The National Council for Wellbeing. These instructors will provide the 7.5 hour training to 700 new community members and professionals.

c. What direct services will be provided to citizens by the appropriation project?

The direct service is teaching the 7.5 hour Mental Health First Aid classes throughout the county/state. It is the intent to have Mental Health First Aid become as common place as CPR and First Aid. By learning how to approach a person experiencing a mental health crisis, lives will be saved.

d. Who is the target population served by this project? How many individuals are expected to be served?



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MHFA teaches a basic 5-step intervention that empowers ordinary citizens to directly confront someone who is showing signs and symptoms of distress and guide them to the help they need. The population served will be the general population, including education professionals, medical personnel, veterans, ordinary citizens, first responders, and community leaders, among others. With the requested funds, we are expected to serve an additional 700 individuals.

e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will be measured?

The expected outcome or benefit will be to improve mental health. MHFA teaches a basic 5-step intervention that empowers the participants how to appropriately support someone who might be experiencing a crisis or developing a mental illness and/or substance use disorder and connect them to the help they need. Opinion quiz is given to participants at the beginning of the class. This opinion quiz measures participants' knowledge at the beginning of the session compared to the end. All participants take a self-graded test at the end of the session. Surveys of class participants will be administered.

f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for the contract?

If we fail to deliver services as described in this application and/or the contract with DCF, we will negotiate return of funds.

13. The owners of the facility to receive, directly or indirectly, any fixed capital outlay funding. Include the relationship between the owners of the facility and the entity.

N/A



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14. Requestor Contact Information

a. First Name Last Name
b. Organization
c. E-mail Address
d. Phone Number Ext.

15. Recipient Contact Information

a. Organization
b. Municipality and County

c. Organization Type

- For Profit Entity
- Non Profit 501(c)(3)
- Non Profit 501(c)(4)
- Local Entity
- University or College
- Other (please specify)

d. First Name Last Name
e. E-mail Address
f. Phone Number

16. Lobbyist Contact Information

a. Name
b. Firm Name
c. E-mail Address
d. Phone Number