

LFIR # 1840

| 1. Project Title | Benefits of the Arts on Mental Health Initiative |
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2. Senate Sponsor Darryl Rouson

3. Date of Request 11/29/2021

4. Project/Program Description

This initiative focuses on providing accessible services that are racially and ethnically competent to our community's minority populations, particularly the African-American /Latino-Hispanic population of our communities. Arts Conservatory for Teens proposes its intervention/prevention Art of Health and Wellness program that addresses the negative impacts of COVID-19 on the mental and social-emotional well being of our teens, especially our African-American/Latino-Hispanic communities contributing to rising mental health needs and substance abuse.

5. State Agency to receive requested funds

Department of Children and Families

State Agency contacted? No

6. Amount of the Nonrecurring Request for Fiscal Year 2022-2023

| Type of Funding | Amount |
|-----------------------------|-----------|
| Operations | 1,050,302 |
| Fixed Capital Outlay | 0 |
| Total State Funds Requested | 1,050,302 |

7. Total Project Cost for Fiscal Year 2022-2023 (including matching funds available for this project)

| Type of Funding | Amount | Percentage |
|--|-----------|------------|
| Total State Funds Requested (from question #6) | 1,050,302 | 84% |
| Matching Funds | | |
| Federal | 0 | 0% |
| State (excluding the amount of this request) | 0 | 0% |
| Local | 25,000 | 2% |
| Other | 180,000 | 14% |
| Total Project Costs for Fiscal Year 2022-2023 | 1,255,302 | 100% |

8. Has this project previously received state funding? No

| Fiscal Year | Amo | ount | Specific | Vetoed |
|-------------|-----------|--------------|-----------------|--------|
| (уууу-уу) | Recurring | Nonrecurring | Appropriation # | |
| | | | | |

9. Is future funding likely to be requested?

a. If yes, indicate nonrecurring amount per year.

b. Describe the source of funding that can be used in lieu of state funding.

10. Has the entity requesting this project received any federal assistance related to the COVID-19 pandemic?

Yes

No



If yes, indicate the amount of funds received and what the funds were used for.

\$10,000 - EIDL \$118,000 - PPP loan \$ 57,000 - Mental Health grant funds

11. Details on how the requested state funds will be expended

| Spending Category | Description | Amount |
|---|---|-----------|
| Administrative Costs: | | |
| Executive Director/Project Head Salary and Benefits | \$45,763 to pay Executive Director/Project Head. This amount represents 44% of the Executive Director salary (11 hours per week @ \$40 per hour + benefits). | 45,763 |
| Other Salary and Benefits | \$22,068 to Executive Administrative Assistant. This position will work closely with the Executive Director and Program Project Manager to coordinate and clearly communicate with instructors, families, LPOs, and the leadership team (4 hours per week @ \$18 per hour + benefits). | 22,068 |
| Expense/Equipment/Travel/Supplies/ Other | | 0 |
| Consultants/Contracted Services/Study | | 0 |
| Operational Costs: Other | | |
| Salary and Benefits | \$110,760 Salary and Benefits. ACT employs 2 Program Coordinators to assist with the implementation of the Mental Health Initiative. The coordinators work closely with the Program Project Manager, 10 school administrators, Behavior therapists from New Vision Behavioral Health. Additional salaries and benefits included are Program Project Manager, Assistant Program Manager, and 2 van drivers. | 221,520 |
| Expense/Equipment/Travel/Supplies/ Other | \$82,801 to Program Expenditures/Equipment/Supplies. ACT's Mental Health Initiative, as part of the program will host between 10 schools with a total of 70 health awareness days. | 82,801 |
| Consultants/Contracted Services/Study | \$339,075 to Consultants/Contracted Services/Study-Evaluation. ACT's Mental Health Initiative employees teaching artists (Acting/Drama, Hip-hop Yoga, DJ, Visual Arts Instructor, Video Production) each of the disciplines in partnership with licensed mental health therapists offer Psycho Education and Psycho-Drama Also, ACT will conduct an evaluation of the program conducted by a third- party evaluator, the head of research at Howard University. | 678,150 |
| Fixed Capital Construction/Majo | r Renovation: | |
| Construction/Renovation/Land/ Planning Engineering | | 0 |
| Total State Funds Requested (m | ust equal total from question #6) | 1,050,302 |

12. Program Performance

a. What specific purpose or goal will be achieved by the funds requested?

Mental and behavioral health and substance abuse are critical and frequently unaddressed matters in racial and ethnic minority communities that are over-represented in populations that are particularly at risk for mental health disorders. (American Psychological Association, 2021) One of the recommended approaches to eliminate the disparities in the APA is to "Increase the availability of culturally and linguistically competent mental and behavioral health services accessible to racial and ethnic minorities." With this in mind, ACT's evidence-based psychosocial and educational workshops with our licensed therapists and creative professionals help our students build resilience through the development of self-attainment, self-regulation, self-awareness, and emotional wellness.

b. What activities and services will be provided to meet the intended purpose of these funds?



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ACT will work with qualified mental health professionals to provide consistent counseling and activities for youth served. Topics will include, but were not limited to, the following: Managing Negative Emotions Positive Self-Image Mindfulness Self-Awareness Conflict Resolution Drug/Alcohol Abuse Prevention Strategies

c. What direct services will be provided to citizens by the appropriation project?

Teens served by the Arts Conservatory for Teens will receive weekly workshops on a number of different topics related to mental health (as outlined in the previous question). They will also have access to mental health professionals for individual counseling sessions as well as group activities.

d. Who is the target population served by this project? How many individuals are expected to be served?

ACT serves teens between the ages of 11-18 years old. This is 2-year project is projected to impact 10,000 teens with a strategic focus to engage majority-minority students in our public schools throughout Pinellas and Hillsborough counties.

e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will

be measured?

ACT will work with mental health professionals to create a scale by which students are measured at the beginning, middle, and end of the year to evaluate predetermined outcomes. Among other things, ACT will measure emotional intelligence, leadership potential, and problem solving skills as it relates to mental health outcomes for teens in our service area. We anticipate seeing a decrease in negative thinking and an increase in those processes and capabilities that help youth navigate feelings of isolation, anxiety, depression, and hopelessness.

f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for the contract?

If the deliverables and performance measures are not met, the contracting agency could consider financial penalties during the invoicing process, or if appropriate, reallocation of funding.

13. The owners of the facility to receive, directly or indirectly, any fixed capital outlay funding. Include the relationship between the owners of the facility and the entity.

N/A



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14. Requestor Contact Information

| | a. First Name | Carlos | | Last Name | Naveda | | |
|-----|-----------------------------------|-------------------------------------|---------------------------|-----------|--------|--|--|
| | b. Organization | Arts Conservatory for Teens | | | | | |
| | c. E-mail Address | carlos@artsconservatoryforteens.org | | | | | |
| | d. Phone Number | (704)929 | (704)929-8513 Ext. | | | | |
| 15. | 15. Recipient Contact Information | | | | | | |
| | a. Organization | Arts Cons | servatory for Tee | ns | | | |
| | b. Municipality and | d County | Pinellas | | | | |
| | c. Organization Ty | pe | | | | | |
| | □For Profit Entity | | | | | | |
| | ☑Non Profit 501(c | :)(3) | | | | | |
| | □Non Profit 501(c | :)(4) | | | | | |
| | □Local Entity | | | | | | |
| | □University or Co | □University or College | | | | | |
| | □Other (please specify) | | | | | | |
| | d. First Name | Alex | | Last Name | Harris | | |
| | e. E-mail Address | alex@art | sconservatoryfor | teens.org | | | |
| | f. Phone Number | | | | | | |
| 16. | 16. Lobbyist Contact Information | | | | | | |
| | a. Name | None | | | | | |
| | b. Firm Name | None | | | | | |
| | c. E-mail Address | | | | | | |
| | d. Phone Number | | | | | | |