



The Florida Senate

Local Funding Initiative Request

Fiscal Year 2022-2023

LFIR # 1975

1. Project Title 2. Senate Sponsor 3. Date of Request

4. Project/Program Description

The Lemonade Workshop aims to impact youth by addressing their traumas and teaching them how to manage their emotions so that they can make better life choices. The Lemonade Workshop is a prevention and intervention program that takes place at elementary, middle, and high schools, and recreation centers. The focus areas are mental health, anti-bullying, coping with stress, healthy relationships, and social media awareness. The workshop can be delivered as a 2-hour assembly or an 8-week program during or after school. We incorporate fun games and self-reflection activities that lead into thoughtful discussions. The Lemonade Workshops include yoga sessions with Yoga 4 Change and Social Media Awareness training provided by Social Media Research Corp. We have also partnered with Broward Health, Hosanna 4 Youth, and Intecelle Behavioral Health to provide physical health and mental health resources to students and their families.

5. State Agency to receive requested funds State Agency contacted?

6. Amount of the Nonrecurring Request for Fiscal Year 2022-2023

Type of Funding	Amount
Operations	249,200
Fixed Capital Outlay	0
Total State Funds Requested	249,200

7. Total Project Cost for Fiscal Year 2022-2023 (including matching funds available for this project)

Type of Funding	Amount	Percentage
Total State Funds Requested (from question #6)	249,200	100%
Matching Funds		
Federal	0	0%
State (excluding the amount of this request)	0	0%
Local	0	0%
Other	0	0%
Total Project Costs for Fiscal Year 2022-2023	249,200	100%

8. Has this project previously received state funding?

Fiscal Year (yyyy-yy)	Amount		Specific Appropriation #	Vetoed
	Recurring	Nonrecurring		

9. Is future funding likely to be requested? a. If yes, indicate nonrecurring amount per year.

b. Describe the source of funding that can be used in lieu of state funding.



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10. Has the entity requesting this project received any federal assistance related to the COVID-19 pandemic?

No

If yes, indicate the amount of funds received and what the funds were used for.

11. Details on how the requested state funds will be expended

Spending Category	Description	Amount
Administrative Costs:		
Executive Director/Project Head Salary and Benefits	Executive Director manages and oversees daily operations.	50,000
Other Salary and Benefits	Assistant Director to assist Executive Director with daily operations.	25,000
Expense/Equipment/Travel/Supplies/Other	Mileage for Program Staff = 4 staff @ \$0.49 per mile x 60 miles per month x 11 months = \$1,300; Marketing materials \$1,500; Copier, printing, paper pens \$3,300; Computer/ Internet \$1,100; Workbooks \$2,000.	9,200
Consultants/Contracted Services/Study	Bookkeeper/Accountant to manage payroll, prepare tax related documents and audit program.	16,000
Operational Costs: Other		
Salary and Benefits	Program Director manages programming and staff.	47,000
Expense/Equipment/Travel/Supplies/Other	Workbooks; Awards and Incentives	2,000
Consultants/Contracted Services/Study	Yoga 4 Change Social Media Research Corp. Hosanna 4 Youth	100,000
Fixed Capital Construction/Major Renovation:		
Construction/Renovation/Land/Planning Engineering		0
Total State Funds Requested (must equal total from question #6)		249,200

12. Program Performance

a. What specific purpose or goal will be achieved by the funds requested?

Our goal is to improve the mental wellbeing and future outcomes of children and families who have experienced traumatic events or are living in disadvantaged communities. The program teaches at-risk youth interpersonal skills, problem solving, self-awareness, conflict resolution, goal-setting, job readiness, and how to respond to negative circumstances and stressful situations. We have identified a clear and critical need for innovative and effective health and wellness programs that offer underserved individuals positive tools to live with hope, self-esteem and confidence through the integration of real life tools.

b. What activities and services will be provided to meet the intended purpose of these funds?

Weekly and monthly mental health workshops, entrepreneurship workshops, family engagement events, life skills training, mentoring, and academic assistance. Trauma-informed yoga classes with Yoga 4 Change will be offered during the workshops and during the week. Social Media Awareness training for students and parents will be provided. Youth and adult participants will be offered individual or group therapy with Hosanna 4 Youth or mental health counselors. Workshops and yoga classes will be hosted at schools and recreation centers.

c. What direct services will be provided to citizens by the appropriation project?



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The mental health counselors will provide Psychosocial Rehabilitation (PSR) to program participants based on their score on the PSR test. Family members are also eligible for this service. Yoga 4 Change will offer two weekly yoga, mindfulness, and meditation classes for youth for 50 weeks (one year) and one Staff/Teacher Yoga Workshop per month within partner facilities verified by The LeSane Project. These classes can be implemented in an in-person, virtual, or in a hybrid setting in conjunction with The LeSane Project curriculum. The LeSane Project will host Kidpreneurship Academy at the recreation center. Social Media Research Corp will teach participants about the harmful affects of social media and the proper way to use it. Hosanna 4 Youth will help parents with addiction recovery, job placement, and trauma-informed therapy.

d. Who is the target population served by this project? How many individuals are expected to be served?

Youth who experience stresses of poverty, immigration, discrimination, bullying, etc., are more likely to suffer from anxiety and depression (Michael, 2019). According to the American Psychological Association (2011), many youth who have experienced trauma or related symptoms do not obtain treatment and are rarely identified for services, particularly children who generally have less access to mental health services like ethnic and racial minority groups, as well as immigrants. The target population is at-risk youth living in underserved communities and youth experiencing mental health challenges. As well as, parents and teachers who are looking to learn more about mental wellbeing. We are expecting to reach approximately 500 youth and parents at schools and centers in Pompano Beach and Jacksonville. We will reach an additional 100 students each year through our partnership with Whiddon Rogers Education Center in Dania Beach, FL.

e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will be measured?

The expected outcomes are: effective processes for children and families to learn about and overcome their trauma, while developing strategies to manage emotions, prevent stress, and to navigate traumatic events that may arise. Students will benefit from this program by showing a reduction of conduct problems, better attitudes toward others, fewer outbreaks due to emotional distress and overall enhanced academic success. The outcomes are measured by current data collection techniques which include notecards (in-person) or Zoom polls (virtual). We also collect qualitative data through the same method. Participants have an opportunity to write how they feel or answer a question prompted by instructors based on the theme of the class in conjunction with The LeSane Project curriculum (i.e. self-inquiry, self-acceptance, vulnerability, and courage, etc.).

f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for the contract?

Forfeiture of funding is a suggested penalty to consider for failing to meet deliverables or performance measures.

13. The owners of the facility to receive, directly or indirectly, any fixed capital outlay funding. Include the relationship between the owners of the facility and the entity.

N/A



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14. Requestor Contact Information

a. First Name Last Name

b. Organization

c. E-mail Address

d. Phone Number Ext.

15. Recipient Contact Information

a. Organization

b. Municipality and County

c. Organization Type

- ☐ For Profit Entity
- ☒ Non Profit 501(c)(3)
- ☐ Non Profit 501(c)(4)
- ☐ Local Entity
- ☐ University or College
- ☐ Other (please specify)

d. First Name Last Name

e. E-mail Address

f. Phone Number

16. Lobbyist Contact Information

a. Name

b. Firm Name

c. E-mail Address

d. Phone Number