



The Florida Senate

Local Funding Initiative Request

Fiscal Year 2022-2023

LFIR # 1999

1. Project Title Warrior Wellness Program - Alternative Therapy Services for Veterans & Active Duty Military

2. Senate Sponsor Ed Hooper

3. Date of Request 12/13/2021

4. Project/Program Description

The mission of Warrior Wellness Program is to provide effective alternative therapies and community engagement to create a healthy, connected and resilient military population. This mission is achieved through the five-day Accelerated Wellness Program (AWP) and individualized counseling services. Participants receive proven therapies including Accelerated Resolution Therapy (ART), Integrative Restoration (iRest), adaptive yoga, music therapy, art therapy and other therapeutic activities. The organization will provide services at our two locations in Holiday and Tampa, FL. Warrior Wellness Program is seeking state funding to provide 120 veterans and active duty service members with access to these life-saving services.

5. State Agency to receive requested funds Department of Children and Families

State Agency contacted? No

6. Amount of the Nonrecurring Request for Fiscal Year 2022-2023

Type of Funding	Amount
Operations	300,000
Fixed Capital Outlay	0
Total State Funds Requested	300,000

7. Total Project Cost for Fiscal Year 2022-2023 (including matching funds available for this project)

Type of Funding	Amount	Percentage
Total State Funds Requested (from question #6)	300,000	52%
Matching Funds		
Federal	0	0%
State (excluding the amount of this request)	0	0%
Local	80,000	14%
Other	195,000	34%
Total Project Costs for Fiscal Year 2022-2023	575,000	100%

8. Has this project previously received state funding? Yes

Fiscal Year (yyyy-yy)	Amount		Specific Appropriation #	Vetoed
	Recurring	Nonrecurring		
2019-20	0	250,000	373	No

9. Is future funding likely to be requested? Yes

a. If yes, indicate nonrecurring amount per year. 300,000

b. Describe the source of funding that can be used in lieu of state funding.

In lieu of state funding, Warrior Wellness Program will continue to solicit for grant funding and other private funders/donations.



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10. Has the entity requesting this project received any federal assistance related to the COVID-19 pandemic?

Yes

If yes, indicate the amount of funds received and what the funds were used for.

Warrior Wellness Program received two rounds of PPP loans totaling \$144,899 to help cover salary costs during the COVID-19 pandemic. The organization also received \$10,282 from the CARES Act to help cover costs of essential and personal protection items required to continue safely providing services to clients.

11. Details on how the requested state funds will be expended

Spending Category	Description	Amount
Administrative Costs:		
Executive Director/Project Head Salary and Benefits		0
Other Salary and Benefits		0
Expense/Equipment/Travel/Supplies/Other		0
Consultants/Contracted Services/Study		0
Operational Costs: Other		
Salary and Benefits		0
Expense/Equipment/Travel/Supplies/Other	Expenses related to direct services through the Accelerated Wellness Program or individual counseling services.	280,000
Consultants/Contracted Services/Study	Expenses for external program evaluation of both the Accelerated Wellness Program and individual counseling services.	20,000
Fixed Capital Construction/Major Renovation:		
Construction/Renovation/Land/Planning Engineering		0
Total State Funds Requested (must equal total from question #6)		300,000

12. Program Performance

a. What specific purpose or goal will be achieved by the funds requested?

Warrior Wellness Program's goal is to provide Veterans and Active Duty Service Members with increased access to Accelerated Resolution Therapy (ART) and other alternative therapies that effectively treat symptoms and issues related to trauma, post-traumatic stress, anxiety, depression and more. Through alternative therapies, Warrior Wellness Program will help Veterans and Active Duty Service Members live a more healthy, connected and resilient life after experiencing the traumas of war. The organization's goal is to provide our life-changing therapies to 120 Veterans or Active Duty Service Members in FY 2022-2023.

b. What activities and services will be provided to meet the intended purpose of these funds?

Warrior Wellness Program provides highly effective therapies including Accelerated Resolution Therapy, adaptive yoga, Integrative Restoration (iRest) music therapy and art therapy. Services are provided through two delivery formats including the five-day Accelerated Wellness Program (AWP) or on an individualized services basis. By providing services through both formats, the organization is increasing accessibility for those unable to attend a five-day program. Both models allow participants to experience proven therapies and become more healthy, connected and resilient.

c. What direct services will be provided to citizens by the appropriation project?

Direct services will be provided to Florida Veterans and Active Duty Service Members experiencing the traumas of war. These services will include Accelerated Resolution Therapy, adaptive yoga, iRest, music therapy and art therapy.

d. Who is the target population served by this project? How many individuals are expected to be served?



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This project targets 120 Veterans and/or Active Duty Service Members dealing with issues related to post-traumatic stress, anxiety and depression due to the traumas of war.

e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will be measured?

Veterans and Active Duty Service Members who participate in either service delivery format will experience a reduction in trauma related to PTSD, depression, anxiety and stress. In addition, they will experience an increase in resiliency and community engagement. Pre- and Post- assessments are conducted as part of service delivery and use valid and reliable measures of psychological and physical health. Examples of measures used include the Post-Traumatic Checklist (PCL-5), the Brief Symptom Inventory (BSI), and the Pain Outcomes Quest. An external evaluator, KMS Research, then uses the data collected to perform an extensive analysis to produce a comprehensive program evaluation on overall service impact.

f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for the contract?

Warrior Wellness Program will take corrective actions to improve service delivery as outlines in state contract.

13. The owners of the facility to receive, directly or indirectly, any fixed capital outlay funding. Include the relationship between the owners of the facility and the entity.

N/A



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14. Requestor Contact Information

a. First Name Last Name

b. Organization

c. E-mail Address

d. Phone Number Ext.

15. Recipient Contact Information

a. Organization

b. Municipality and County

c. Organization Type

- ☐ For Profit Entity
- ☒ Non Profit 501(c)(3)
- ☐ Non Profit 501(c)(4)
- ☐ Local Entity
- ☐ University or College
- ☐ Other (please specify)

d. First Name Last Name

e. E-mail Address

f. Phone Number

16. Lobbyist Contact Information

a. Name

b. Firm Name

c. E-mail Address

d. Phone Number