

LFIR # 2332

Tampa Crossroads' Behavioral Wellness Center Counseling for Military Families

2. Senate Sponsor Janet Cruz

3. Date of Request 12/20/2021

4. Project/Program Description

Tampa Crossroads requests \$180,700 to provide behavioral wellness services to retired and active military personnel and their families. Services will be provided by licensed mental health professionals in person at our Tampa office or via telehealth across the state and will include individual, group, and family counseling sessions to address diagnosed or symptoms of mental health conditions and substance use conditions where primary topics for counseling are expected to include stress and anxiety related to deployment, coping with change, and facing the unknown; however, counseling is not limited to those topics. Tampa Crossroads' services are highly personalized and clinicians hold small caseloads, providing opportunity for participants to engage in counseling in a private and comfortable environment.

5. State Agency to receive requested funds

Department of Children and Families

State Agency contacted? No

6. Amount of the Nonrecurring Request for Fiscal Year 2022-2023

Type of Funding	Amount
Operations	180,700
Fixed Capital Outlay	0
Total State Funds Requested	180,700

7. Total Project Cost for Fiscal Year 2022-2023 (including matching funds available for this project)

Type of Funding	Amount	Percentage	
Total State Funds Requested (from question #6)	180,700	100%	
Matching Funds			
Federal	0	0%	
State (excluding the amount of this request)	0	0%	
Local	0	0%	
Other	0	0%	
Total Project Costs for Fiscal Year 2022-2023	180,700	100%	

8. Has this project previously received state funding?

Fiscal Year	Amo	ount	Specific	Vetoed	
(уууу-уу)	Recurring	Nonrecurring	Appropriation #		

9. Is future funding likely to be requested?

Yes

No

a. If yes, indicate nonrecurring amount per year.

100,000

b. Describe the source of funding that can be used in lieu of state funding.

Tampa Crossroads will apply for grants and incorporate this service into the annual fundraising planning.



10. Has the entity requesting this project received any federal assistance related to the COVID-19 pandemic?

Yes

If yes, indicate the amount of funds received and what the funds were used for.

Tampa Crossroads received \$100,000 from Hillsborough County, which received funds from the CARES Act. The funds were used for PPE and other equipment needed for the agency to continue providing healthcare services safely while many industries had closed.

11. Details on how the requested state funds will be expended

Spending Category	Description	Amount			
Administrative Costs:					
Executive Director/Project Head Salary and Benefits		0			
Other Salary and Benefits	Partial salary and benefits for accounting staff, Clinical Supervisor, and Director of Clinical Services and Quality Improvement.	6,000			
Expense/Equipment/Travel/Supplies/ Other	Pplies/ Advertising and marketing, insurance				
Consultants/Contracted Services/Study		0			
Operational Costs: Other					
Salary and Benefits	Salary of to include two licensed mental health professionals and outreach plus staff benefits	165,000			
Expense/Equipment/Travel/Supplies/ Other	Equipment, utilities and phone, program supplies, training, computers	8,500			
Consultants/Contracted Services/Study		0			
Fixed Capital Construction/Majo	r Renovation:				
Construction/Renovation/Land/ Planning Engineering		0			
Total State Funds Requested (must equal total from question #6) 180,7					

12. Program Performance

a. What specific purpose or goal will be achieved by the funds requested?

Provide mental health counseling through individual and group sessions to the active military members and veterans, as well as family members. Sessions take place on site at our facility or via teletherapy to anyone throughout the state. In addition to providing counseling for diagnosed mental health conditions, we will provide supportive counseling for topics including stress and anxiety related to deployment, coping with change, and facing the unknown.

b. What activities and services will be provided to meet the intended purpose of these funds?

Activities and services will include providing outreach and counseling services to the military community to reach individuals including active military, veterans, and family members who may not be aware of their eligibility and appropriateness for counseling services. Services will be offered in-person at our facility or via telehealth to anyone across the state.

c. What direct services will be provided to citizens by the appropriation project?

Direct services include outreach, assessment, and counseling services in the form of individual, group, and family sessions either in-person at our facility or via teletherapy. Counseling includes addressing substance use and mental health conditions or symptoms of such conditions and will be evidence-based as well as provided in accordance with DCF Licensing and CARF Accreditation standards.

d. Who is the target population served by this project? How many individuals are expected to be served?



The target population includes active and retired members of the military and their family members, who are in need of mental health and/or substance use treatment. We will aim to serve 100 individuals annually.

e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will

be measured?

The following outcomes will be measured through collecting data from treatment plans as well as incorporating data into Tampa Crossroads' annual Performance Measurement and Management Plan: 1) 80% of individuals will identify coping mechanisms for substance use and mental health conditions or symptoms; 2) Upon discharge, 95% of individuals will have developed a healthy support network including support in the form of individuals and hobbies that contribute to improved mental health; 3) Upon discharge, 85% of individuals will self-report improved mental health; 4)75% of participants who have substance use conditions will decrease or abstain from substance use upon completion of the program.

f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for the contract?

Financial penalties would be warranted; the state would be reimbursed or funds withheld if deliverables or performance measurements are not met.

13. The owners of the facility to receive, directly or indirectly, any fixed capital outlay funding. Include the relationship between the owners of the facility and the entity.

N/A



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14. Requestor Contact Information

	a. First Name	Gwendolyn		Last Name	Green		
	b. Organization	Tampa Crossroads, Inc.					
	c. E-mail Address	ggreen@tampacrossroads.com					
	d. Phone Number	(813)238-8557 Ext. 202					
15	5. Recipient Contact Information						
	a. Organization	Tampa Crossroads, Inc.					
	b. Municipality and County Statewide						
	c. Organization Type						
	□For Profit Entity						
	⊠Non Profit 501(c	:)(3)					
	□Non Profit 501(c	□Non Profit 501(c)(4)					
	□Local Entity	JLocal Entity					
	□University or Co	niversity or College					
	□Other (please specify)						
	d. First Name	Gwendol	'n	Last Name	Green		
	e. E-mail Address						
	f. Phone Number						
16	16. Lobbyist Contact Information						
	a. Name	None					
	b. Firm Name						
	c. E-mail Address	dress					
	d. Phone Number						