



The Florida Senate

Local Funding Initiative Request

Fiscal Year 2022-2023

LFIR # 2422

1. Project Title

2. Senate Sponsor

3. Date of Request

4. Project/Program Description

FFT is an evidence based family therapy model designed to increase family engagement, reduce families from going deeper into the Child Welfare system or prolonged stays, reduce out-of-home placements and where there is an out of home placement, increase the percentage of successful reunification working with both foster parents and biological parents. Circuit 10 Community Based Care (CBC) lead agency, Heartland for Children, CEO Teri Saunders, has expressed complete support for bringing FFT services to this area to serve families involved in the child welfare system.

5. State Agency to receive requested funds

State Agency contacted?

6. Amount of the Nonrecurring Request for Fiscal Year 2022-2023

Type of Funding	Amount
Operations	750,000
Fixed Capital Outlay	0
Total State Funds Requested	750,000

7. Total Project Cost for Fiscal Year 2022-2023 (including matching funds available for this project)

Type of Funding	Amount	Percentage
Total State Funds Requested (from question #6)	750,000	100%
Matching Funds		
Federal	0	0%
State (excluding the amount of this request)	0	0%
Local	0	0%
Other	0	0%
Total Project Costs for Fiscal Year 2022-2023	750,000	100%

8. Has this project previously received state funding?

Fiscal Year (yyyy-yy)	Amount		Specific Appropriation #	Vetoed
	Recurring	Nonrecurring		

9. Is future funding likely to be requested?

a. If yes, indicate nonrecurring amount per year.

b. Describe the source of funding that can be used in lieu of state funding.

10. Has the entity requesting this project received any federal assistance related to the COVID-19 pandemic?



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If yes, indicate the amount of funds received and what the funds were used for.

11. Details on how the requested state funds will be expended

Spending Category	Description	Amount
Administrative Costs:		
Executive Director/Project Head Salary and Benefits		0
Other Salary and Benefits		0
Expense/Equipment/Travel/Supplies/Other		0
Consultants/Contracted Services/Study	Functional Family Therapy fee includes assistance with implementation through all three phases, Provides Quality Assurance oversight, Clinical Training, Site Supervisor Training, and Certification. Data is also collection and analysis.	90,000
Operational Costs: Other		
Salary and Benefits	Six Masters level clinicians, two of which will be leads, including Salary and Benefits	435,000
Expense/Equipment/Travel/Supplies/Other	IT, Certification Training, On-going training, Child Care, Rent, Utilities, Client Transportation, Travel, Staff Mileage, Supplies, Client Expenses, Computers, Computer Repair and Maintenance, Advertising, Postage, Professional Liability Insurance, Telecommunications	225,000
Consultants/Contracted Services/Study		0
Fixed Capital Construction/Major Renovation:		
Construction/Renovation/Land/Planning Engineering		0
Total State Funds Requested (must equal total from question #6)		750,000

12. Program Performance

a. What specific purpose or goal will be achieved by the funds requested?

The specific purpose of the program is to serve at risk youth and families who are involved in the Child Welfare Prevention and the Foster Care system. FFT has been proven to be effective in reducing the out of home placements by keeping the families together in the community while receiving the service. Additionally, FFT Foster Care has demonstrated that families participating are more likely to be successful when the child(ren) return home from the out of home placement. Furthermore, FFT Foster Care works both with the bio family as well as the foster family. The foster families are trained better to work with the most challenging population in the system

b. What activities and services will be provided to meet the intended purpose of these funds?



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FFT is a highly intense yet short-term intervention in which family-based treatment usually occurs in 12 to 20 family sessions over the course of 4 to 8 months. It is one of only a handful of evidence based models in the country to be fully manualized to deliver to the single family and/or through telehealth or in person. The active ingredients of FFT are based upon theoretically derived constructs that mediate the relationship between initial youth and family risk factors and successful treatment outcomes (e.g., decrease in drug use, risky sexual behavior, and other conduct problems). Funds provided in this project will support the clinician to meet with the families weekly to provide FFT sessions.

c. What direct services will be provided to citizens by the appropriation project?

Youth and their families involved with the Department of Children and Family Services will receive evidence based and trauma informed counseling services. The model is specifically designed to work with the most challenging families in the country to keep from going deeper into the system. Each family will receive family sessions weekly for ranging from an average four to six months in length.

d. Who is the target population served by this project? How many individuals are expected to be served?

Families involved in the Child Welfare system that are moderate to high risk of the child(ren) being removed from the home and with youth and families where the child(ren) have been removed into a Foster Care setting. Each team can have from 3 to 8 therapist who each serve approximately 30-40 families annually. Our plan is to have two teams, one that serves the prevention population and the other to serve the Foster Care (return back home) population. The two teams will serve approximately 180 to 200 families annually.

e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will be measured?

Youth and families served by the prevention team are more likely to remain in the community and avoid an out of home placement. Youth and families served by the foster care team will experience a better transition from foster care to their homes reducing the number of additional out of home placements. In both, family engagement will be increased to a minimum of 80%. Completion rate with families will also be 80% or higher. Family trauma will be reduced and foster parents will be better equipped to work with future foster children. FFT Partners has a CARE4 system that collects the data and runs analysis for the outcomes such as family participation, engagement rate, and completion rate. American Family Institute will work with the local Community Based Care (Heartland For Children) for families staying in

f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for the contract?

As stated above, the majority of the revenue is spent on full-time employment of staff and materials needed to perform the duties of the Functional Family Therapy model. Should the project not reach the goals specified in this request, any unspent dollars or dollars allocated but not received will be given back.

13. The owners of the facility to receive, directly or indirectly, any fixed capital outlay funding. Include the relationship between the owners of the facility and the entity.

N/A



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14. Requestor Contact Information

a. First Name Last Name
b. Organization
c. E-mail Address
d. Phone Number Ext.

15. Recipient Contact Information

a. Organization
b. Municipality and County

c. Organization Type

- ☐ For Profit Entity
☒ Non Profit 501(c)(3)
☐ Non Profit 501(c)(4)
☐ Local Entity
☐ University or College
☐ Other (please specify)

d. First Name Last Name
e. E-mail Address
f. Phone Number

16. Lobbyist Contact Information

a. Name
b. Firm Name
c. E-mail Address
d. Phone Number