

1. Project Title

2. Senate Sponsor

3. Date of Request

## **The Florida Senate Local Funding Initiative Request Fiscal Year 2024-2025**

Lifetime Counseling Center: Thrive Within Program

Debbie Mayfield

12/13/2023

LFIR # 1984

-24 state funding. It is designed to help to while also helping to ameliorate the provide prevention and early intervention continue to provide outpatient mental
have the most difficulty accessing services n, as well as outpatient treatment services, isis intervention, inpatient stabilization, and
amilies
unt
650,000
0
650,000
lable for this project)
Percentage
51%
0%
0%
6%
43%
100%
Vetoed
No



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Υ	es	

If yes, indicate the amount of funds received and what the funds were used for.

PPP funds: \$611,200.00 HRSA funds: \$20,624.00

11. Status of Construction

These funds were used to cover costs of salary and benefits for staff in order to maintain employment during the pandemic-related shut-down.

### **Complete questions 11 and 12 for Fixed Capital Outlay Projects**

	a. What is the cu	rrent phase of t	he project?	
	Planning	Design	Construction	○ N/A
	b. Is the project "	'shovel ready"	(i.e permitted)?	
	c. What is the est	timated start da	te of construction?	
	d. What is the es	timated comple	tion date of construc	action?
12.			o receive, directly or rs of the facility and	r indirectly, any fixed capital outlay funding. Include the d the entity.

#### 13. Details on how the requested state funds will be expended

Spending Category	Description	Amount		
Administrative Costs:				
Executive Director/Project Head Salary and Benefits		0		
Other Salary and Benefits		0		
Expense/Equipment/Travel/Supplies/ Other	Funds will be spent on supplies and materials needed to support the services provided; including treatment supplies, certification training, outreach materials, supplies/food for community education events, mileage reimbursement for providers, publishing educational materials, purchasing mental health support aps on behalf of community members, and renting space for community education events.	200,000		
Consultants/Contracted Services/Study		0		
Operational Costs: Other	Operational Costs: Other			
Salary and Benefits	Funds will be used to cover the cost of master's and doctoral level mental health clinicians to provide 3,600 total hours of service at \$125/hour.	450,000		
Expense/Equipment/Travel/Supplies/ Other		0		
Consultants/Contracted Services/Study		0		
Fixed Capital Construction/Major Renovation:				
Construction/Renovation/Land/ Planning Engineering		0		



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Total State Funds Requested (must equal total from question #6)

650,000

#### 14. Program Performance

a. What specific purpose or goal will be achieved by the funds requested?

The goal of this project is to continue improving access to mental health support by providing mental health prevention and early intervention services for children, adolescents, and adults throughout the community, while also continuing to provide outpatient mental health and substance abuse counseling to the uninsured population of our county. Offering these services will further reduce the need for much more expensive higher levels of care such as crisis intervention, inpatient stabilization, and residential treatment.

b. What activities and services will be provided to meet the intended purpose of these funds?

We will continue to provide prevention and early intervention services to the whole commuity, as well as treatment services for uninsured individuals, totalling 3600 hours of service. Activities will include mental health and substance abuse awareness training, support and psychoeducational groups, a 30-day mental wellness challenge, a phone helpline, mental health consultation, and aftercare.

c. What direct services will be provided to citizens by the appropriation project?

Direct services will include mental health and/or substance abuse treatment, as well as training and consultation for the general public and for other professionals (school personnel, medical personnel, social services staff, etc.), support and psychoeducational groups for various populations, a phone helpline, a 30-day mental wellness challenge, and aftercare services.

d. Who is the target population served by this project? How many individuals are expected to be served?

The target population for prevention/early intervention is the Brevard County community as a whole (all ages). Total outreach will be approximately 500,000 people, which includes both outpatient counseling services to the uninsured in Brevard County and education outreach through multiple communication plans and platforms, including social media and community partnerships.

## e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will be measured?

We expect to improve mental health/wellbeing and reduce substance abuse in our community by:

- 1. Improving community awareness/understanding of mental wellness strategies
- 2. Improving community awareness/understanding of substance misuse and the connection between substance misuse and mental health challenges
- 3. Addressing early signs of mental health difficulties/distress
- 4. Improving healthy coping skills and resiliency
- 5, Reducing the need for referral to higher levels of care

We will measure these outcomes by:

- 1. Tracking the number of participants in community education events
- 2. Completion of pre- and post-tests by those who receive education
- 3. Completion of symptom checklists and drug/alcohol screeners by those who receive treatment
- 4. Tracking number of referrals to higher levels of care

## f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for the contract?

If this project fails to meet the deliverables or performance measures required, the funds would be returned to the state.

#### 15. Requester Contact Information

a. First Name	Johnette	Last Name	Gindling
b. Organization	Space Coast Health Foundation dba Lifetime Counseling Center		
c. E-mail Address	johnette.gindling@schfbre	evard.org	



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	d. Phone Number	r (321)241-6600		Ext.		
16.	16. Recipient Contact Information					
	a. Organization Space Coast Health Foundation dba Lifetime Counseling Center					
	b. Municipality and County Brevard					
	c. Organization Type					
	□For Profit Entity					
	☑Non Profit 501(c)(3)					
	□Non Profit 501(c)(4)					
	□Local Entity					
	□University or College					
	□Other (please specify)					
	d. First Name	Lori		Last Name	Parsons	
	e. E-mail Address   lori.parsons@lccbrevard.org					
	f. Phone Number (321)632-5792					
17.	17. Lobbyist Contact Information					
	a. Name	Melody Selis Arnold				
	b. Firm Name	RSA Consulting Group LLC  melody@rsaconsultingllc.com				
	c. E-mail Address					
	d. Phone Number	(386)547-1197				