

LFIR # 1086

1. Project Title	Lifetime Counseling Center: Thrive Within Program				
2. Senate Sponsor	Debbie Mayfield				
3. Date of Request	10/20/2025				
4 Dunicat/Dunauram D					

4. Project/Program Description

This project is an expansion of the Thrive Within Program throughout Brevard County and surrounding counties. It is designed to help ensure individuals in our community have timely access to mental health support, while also helping to ameliorate the overload on the mental health system of care. This project will continue to provide prevention and early intervention services to children, adolescents, and adults across the community. We will also continue to provide outpatient mental health and substance abuse counseling for uninsured individuals, who currently have the most difficulty accessing services. By expanding access to prevention and early intervention services and education, as well as outpatient treatment services, we will continue to reduce the need for more expensive higher levels of care such as crisis intervention, inpatient stabilization, and residential treatment.

5. State Agency to receive red	quested funds	Department of Children and Families
State Agency contacted?	Yes	

6. Amount of the Nonrecurring Request for Fiscal Year 2026-2027

Type of Funding	Amount
Operating	650,000
Fixed Capital Outlay	0
Total State Funds Requested	650,000

7. Total Project Cost for Fiscal Year 2026-2027 (including matching funds available for this project)

Type of Funding	Amount	Percentage
Total State Funds Requested (from question #6)	650,000	52%
Matching Funds		
Federal	0	0%
State (excluding the amount of this request)	0	0%
Local	50,000	4%
Other	550,000	44%
Total Project Costs for Fiscal Year 2026-2027	1,250,000	100%

8. Has this project previously received state funding? If yes, provide the most recent instance:

	Specific	Vetoed
a	Appropriation #	

Fiscal Year	Amo	ount	Specific	Vetoed	
(уууу-уу)	Recurring	Nonrecurring	Appropriation #		
2025-26	0	250,000	363	No	

9. Is	s future-year	funding	likely to	be red	quested?

Yes

Yes

a. If yes, indicate nonrecurring amount per year.

650.000

b. Describe the source of funding that can be used in lieu of state funding.



10. Status of Construction

The Florida Senate Local Funding Initiative Request Fiscal Year 2026-2027

LFIR # 1086

Currently, there is no source of funding that can be used in lieu of state funding to offer this program to the community free of charge. Services provided under this program would be offered on a fee-for-service basis to cover associated costs.

Complete questions 10 and 11 for Fixed Capital Outlay Projects

a. What is the current phase of	the project?		
Planning Design	Construction N/A		
b. Is the project "shovel ready"	(i.e permitted)?		
c. What is the estimated start d	ate of construction?		
d. What is the estimated compl	etion date of construction?		
e. What funding stream will be	used for ongoing operations and	d maintenance of the project?	
11. List the owners of the facility relationship between the own 12. Details on how the requested s	ers of the facility and the entity.	any fixed capital outlay funding. In	clude the
Spending Category	Des	scription	Amount
Administrative Costs:			
Executive Director/Project Head			

0 Salary and Benefits Other Salary and Benefits 0 Expense/Equipment/Travel/Supplies/ 0 Other Consultants/Contracted 0 Services/Study **Operational Costs** Salary and Benefits 500,000 Funds will be used to cover the cost of master's and doctoral level mental health clinicians to provide 4,000 total hours of service at \$125.00/hour. Expense/Equipment/Travel/Supplies/ Funds will be spent on supplies and materials needed to support the 150,000 Other services provided; including treatment supplies, certification training, outreach materials, consultants/contracted services, supplies/food for community education events, mileage reimbursement for providers, publishing educational materials, and renting space for community education events. Consultants/Contracted 0 Services/Study **Fixed Capital Construction/Major Renovation:** Construction/Renovation/Land/ 0 Planning Engineering Total State Funds Requested (must equal total from question #6) 650.000



LFIR # 1086

13. Program Performance

a. What specific purpose or goal will be achieved by the funds requested?

The goal of this project is to expand the Thrive Within program throughout Brevard County and to surrounding counties. This program provides prevention and early intervention services, as well as outpatient mental health and substance abuse counseling for uninsured individuals without financial means to pay for services. Continuing to expand the reach of these services will further reduce the need for much more expensive higher levels of care such as crisis intervention, inpatient stabilization, and residential treatment.

b. What activities and services will be provided to meet the intended purpose of these funds?

We will continue to expand prevention and early intervention services throughout Brevard and beyond, as well as providing treatment for uninsured individuals without financial means to pay for services, totaling 4000 hours of service. Activities include mental health/wellness training, psychoeducational groups, monthly lunch-n-learn support, monthly informational newsletter, and expansion of our Thriving Community training program.

c. What direct services will be provided to citizens by the appropriation project?

Direct services include mental health and/or substance abuse treatment, as well as customized mental health/wellness training for the general public and for other professionals, psychoeducational groups, a specialized Thriving Community training/support program for the general public, monthly virtual lunch-n-learn sessions, monthly informational newsletters, and a variety of electronic resources.

d. Who is the target population served by this project? How many individuals are expected to be served?

The target population is the Brevard County community as a whole (all ages), as well as surrounding counties. Total reach will be at least 500,000 people, which includes outpatient counseling services to the uninsured in Brevard County, education/early intervention for Brevard and surrounding counties through multiple communication platforms, including social media, in-person and virtual training, in-person psychoeducational groups, and community partnerships.

e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will be measured?

We expect to improve mental health/wellbeing and reduce substance abuse in our community by:

- 1. Improving community awareness/understanding of mental wellness strategies
- 2. Improving community awareness/understanding of substance misuse and the connection between substance misuse and mental health challenges
- 3. Addressing early signs of mental health difficulties/distress
- 4. Improving healthy coping skills and resiliency
- 5. Improving the ability of individuals to help one another
- 6, Reducing the need for referral to higher levels of care

We will measure these outcomes by:

- 1. Tracking the number of participants in community education/training events
- 2. Completion of pre- and post-tests by those who receive education
- 3. Follow up interviews with participants in training and psychoeducational groups
- 3. Measurement-based care protocols completed by those who receive treatment
- 4. Tracking number of referrals to higher levels of care
- f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for in the contract?

If this project fails to meet the deliverables or performance measures required, the funds would be returned to the state.

- 14. Is this project related to mitigation, response, or recovery from a natural disaster? No
 - a. If Yes, what phase best describes the project?
 - Mitigation (reducing or eliminating potential loss of life or property)



LFIR # 1086

□ Re	esponse (add	dressing the	e immediate an	d short-term e	effects of a nat	tural disaster)		
□ Re	ecovery (ass	isting comr	nunities return t	o normal ope	rations, includ	ing rebuilding	damaged ir	nfastructure)
b. Name	e of the natu	ıral disasto	er (or Executiv	e Order # for	events not u	nder a feder	al declaration	on):
								I
15. Has the	e entity app	lied for or	received feder	al assistanc	e for this proj	ject?		
☐ Yes,	Applied							
☐ Yes,	Received							
□ No								
□ No, I	but intends to	o apply						
a. If yes	, provide th	e FEMA pı	roject workshe	et ID#:				
b. Provi	de the total	project co	st listed on the	e FEMA proj	ect workshee	t:		
16. Has the	e entity app	lied for or	received state	assistance f	or this projec	ct (other thar	this reque	st)?
☐ Yes,	Applied							
☐ Yes,	Received							
□ No								
□ No, l	but intends to	o apply						
			and state age	ncy (ex. Loca	al Governmen	nt Emergency	v Bridge I o	an, Department o
Comme		- program	and state agei	icy (cx. Loca	ar Governmen	it Emergency	y Bridge Lo	an, bepartment o
								I
47. Danii	0 1 1	. l£						
a. First	ster Contact	Johnette	on	Last Name	Gindling			
	nization		ast Health Four			elina Center		
_			indling@schfbre					
	ne Number	_		Ext.				
18. Recipie	ent Contact	Informatio	n					
a. Orga	ınization	Space Co Counseling	ast Health Four g Center	ndation dba Li	ifetime			
b. Muni	icipality and]		



LFIR # 1086

	c. Organization Ty	pe					
	□For Profit Entity						
	☑Non Profit 501(c)(3)						
	□Non Profit 501(c)(4)						
	□Local Entity						
	□University or Co	llege					
	□Other (please sp	pecify)					
	d. First Name	Lori	Last Name	Parsons			
	e. E-mail Address	lori.parsons@lccbrevard.c	org				
	f. Phone Number	(321)632-5792	Ext.				
19.	Lobbyist Contact I	nformation					
	a. Name	Melody Selis Arnold					
	b. Firm Name	RSA Consulting Group LI	_C				
	c. E-mail Address	melody@rsaconsultingllc.	com				
	d. Phone Number	(386)547-1197					

The information provided will be posted to the Florida Senate website for public viewing if sponsored by a Senator.