1 A bill to be entitled 2 An act relating to health insurance; providing 3 a short title; providing application; amending 4 s. 627.668, F.S.; providing that the current 5 requirement for group insurers to offer 6 coverage for mental health conditions does not 7 apply to serious mental illness; creating s. 627.6681, F.S.; requiring group health insurers 8 9 and health maintenance organizations to provide coverage for serious mental illness; requiring 10 benefits to be the same as for physical illness 11 12 generally; requiring the health benefit plan committee to consider and recommend 13 14 modifications to standard, basic, and limited 15 health benefit plans; requiring rate filings; providing a definition; providing rulemaking 16 17 authority; authorizing an insurer to establish 18 certain compliance functions; amending ss. 19 627.6472, 627.6515, 641.31, F.S., relating to exclusive provider organizations, out-of-state 20 21 groups, and health maintenance contracts; 22 providing requirements for coverage compliance; 23 providing an appropriation; providing a description of state interest; providing an 24 25 effective date. 26 27 Be It Enacted by the Legislature of the State of Florida: 28 29 This act may be cited as the "Dianne Steele Section 1. 30 Mental Illness Insurance Parity Act."

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Section 2. Section 627.668, Florida Statutes, is amended to read:

627.668 Optional coverage for mental and nervous disorders required; exception.--

- (1) Every insurer, health maintenance organization, and nonprofit hospital and medical service plan corporation transacting group health insurance or providing prepaid health care in this state shall make available to the policyholder as part of the application, for an appropriate additional premium under a group hospital and medical expense-incurred insurance policy, under a group prepaid health care contract, and under a group hospital and medical service plan contract, the benefits or level of benefits specified in subsection (2) for the necessary care and treatment of mental and nervous disorders, as defined in the standard nomenclature of the American Psychiatric Association, except this section shall not apply to coverage for serious mental illness as defined in s. 627.6681. The coverage required in this section shall be subject to the right of the applicant for a group policy or contract to select any alternative benefits or level of benefits as may be offered by the insurer, health maintenance organization, or service plan corporation provided that, if alternate inpatient, outpatient, or partial hospitalization benefits are selected, such benefits shall not be less than the level of benefits required under paragraph (2)(a), paragraph (2)(b), or paragraph (2)(c), respectively.
- (2) Under group policies or contracts, inpatient hospital benefits, partial hospitalization benefits, and outpatient benefits <u>provided pursuant to this section</u>, consisting of durational limits, dollar amounts, deductibles,

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and coinsurance factors shall not be less favorable than for physical illness generally, except that:

- (a) Inpatient benefits may be limited to not less than 30 days per benefit year as defined in the policy or contract. If inpatient hospital benefits are provided beyond 30 days per benefit year, the durational limits, dollar amounts, and coinsurance factors thereto need not be the same as applicable to physical illness generally.
- (b) Outpatient benefits may be limited to \$1,000 for consultations with a licensed physician, a psychologist licensed pursuant to chapter 490, a mental health counselor licensed pursuant to chapter 491, a marriage and family therapist licensed pursuant to chapter 491, and a clinical social worker licensed pursuant to chapter 491. If benefits are provided beyond the \$1,000 per benefit year, the durational limits, dollar amounts, and coinsurance factors thereof need not be the same as applicable to physical illness generally.
- (c) Partial hospitalization benefits shall be provided under the direction of a licensed physician. For purposes of this part, the term "partial hospitalization services" is defined as those services offered by a program accredited by the Joint Commission on Accreditation of Hospitals (JCAH) or in compliance with equivalent standards. Alcohol rehabilitation programs accredited by the Joint Commission on Accreditation of Hospitals or approved by the state and licensed drug abuse rehabilitation programs shall also be qualified providers under this section. In any benefit year, if partial hospitalization services or a combination of inpatient and partial hospitalization are utilized, the total benefits paid for all such services shall not exceed the cost

of 30 days of inpatient hospitalization for psychiatric services, including physician fees, which prevail in the community in which the partial hospitalization services are rendered. If partial hospitalization services benefits are provided beyond the limits set forth in this paragraph, the durational limits, dollar amounts, and coinsurance factors thereof need not be the same as those applicable to physical illness generally.

(3) Insurers providing coverage pursuant to this section and s. 627.6681 must maintain strict confidentiality regarding psychiatric and psychotherapeutic records submitted to an insurer for the purpose of reviewing a claim for benefits payable under this section. These records submitted to an insurer are subject to the limitations of s. 455.241, relating to the furnishing of patient records.

Section 3. Section 627.6681, Florida Statutes, is created to read:

627.6681 Coverage for serious mental illness required.--

transacting group health insurance or providing prepaid health care in this state shall provide as part of such insurance or health care under a group hospital and medical expense-incurred insurance policy, under a group prepaid health care contract, or under a group health maintenance organization contract, coverage for the treatment of serious mental illness, which treatment is determined to be medically necessary. When a diagnosis of serious mental illness is accompanied by substance abuse, treatment for the patient who is dually diagnosed shall include, but not be limited to, treatment for substance abuse.

(2) Under group policies or contracts, inpatient hospital benefits, partial hospitalization benefits, and outpatient benefits consisting of durational limits, dollar amounts, deductibles, and coinsurance factors shall be the same for serious mental illness as for physical illness generally.

- (3) The standard, basic, and limited health benefit plan committee, duly appointed in the manner provided in s. 627.6699(12)(a)1., shall consider the modification of the standard, basic, and limited health benefit plans developed pursuant to s. 627.6699(12) to include coverage for serious mental illness as prescribed in this section. The committee shall submit any recommended modifications to the department for approval.
- (4) With respect to providing the coverage required under this section, the insurer or health maintenance organization must file a rate factor that sets forth in detail in any rate filing under s. 627.410 the portion of any increase in rates which is attributable to the coverage. If the factor indicates an increase that exceeds 2.5 percent, the insurer or health maintenance organization may adjust the deductibles, coinsurance, or limits that apply to coverage required under this section to limit the percentage increase to 2.5 percent with respect to any one calendar year and shall demonstrate this adjustment in the filing.
- (5)(a) As used in this section, the term "serious mental illness" means any mental illness that is recognized in the edition of relevant manuals of the American Psychiatric Association or by the International Classification of Diseases in effect on October 1, 1997, and affirmed by medical science as caused by biological disorder of the brain, and that

substantially limits the life activities of the patient. 1 term includes schizophrenia, autism, schizoaffective 2 3 disorders, anxiety and panic disorders, bipolar affective disorders, major depression, and obsessive compulsive 4 5 disorder. 6 (b) The department may adopt by rule a subsequent 7 edition of the manuals cited in paragraph (a) if a subsequent 8 edition is substantially similar to the edition in effect on 9 October 1, 1997. The department may adopt rules to implement this section, including specifications for ratemaking and 10 information for calculating rates necessary to determine 11 12 compliance with ss. 627.410, 627.411, and 627.6681. 13 14 An insurer may require that an insured who seeks covered services for a serious mental illness be referred for such 15 services by a designated health care provider responsible for 16 17 coordinating the serious mental illness treatment of the 18 insurer's subscribers. 19 Section 4. Subsection (16) is added to section 20 627.6472, Florida Statutes, 1996 Supplement, to read: 21 627.6472 Exclusive provider organizations.--(16) Each exclusive provider organization that offers 22 23 a group plan within this state must comply with s. 627.6681. Section 5. Subsection (8) is added to section 24 25 627.6515, Florida Statutes, 1996 Supplement, to read: 26 627.6515 Out-of-state groups.--(8) Each group, blanket, and franchise health 27 28 insurance policy that offers a group plan within this state 29 must comply with s. 627.6681. 30 Section 6. Subsection (29) is added to section 641.31, Florida Statutes, 1996 Supplement, to read:

| 1 | 641.31 Health maintenance contracts |
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| 2 | (29) Each health maintenance organization that offers |
| 3 | a group plan within this state must comply with s. 627.6681. |
| 4 | Section 7. There is hereby appropriated to the |
| 5 | Department of Insurance from the Insurance Commissioner's |
| 6 | Regulatory Trust Fund for fiscal year 1997-1998 one full-time |
| 7 | equivalent position and \$38,288 to implement the provisions of |
| 8 | this act. |
| 9 | Section 8. The provisions of this bill fulfill an |
| 10 | important state interest in that they promote the relief and |
| 11 | alleviation of health or medical problems that affect |
| 12 | significant portions of the state's population. The bill, in |
| 13 | requiring insurance coverage, should facilitate closer |
| 14 | scrutiny of the treatment of these conditions, resulting in |
| 15 | more cost-efficient and effective treatment of such |
| 16 | conditions. By improving the overall level and quality of |
| 17 | health care, the bill will have the effect of reducing total |
| 18 | costs of medical plans under which treatment is provided for |
| 19 | these conditions, thereby reducing public medical assistance |
| 20 | benefits as well as outlays for persons covered under all |
| 21 | medical plans. |
| 22 | Section 9. This act shall take effect October 1, 1998 , |
| 23 | and shall apply to any policy issued, written, or renewed in |
| 24 | this state on or after such date. |
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