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House Resolution 1 2 A resolution designating September 23, 2013, as 3 "Restless Legs Syndrome - Willis-Ekbom Disease 4 Awareness Day" in the State of Florida. 5 6 WHEREAS, restless legs syndrome, also known as Willis-Ekbom 7 disease, is a chronic neurological disorder characterized by 8 unpleasant sensations in the legs and a distressing, 9 irresistible urge to move them, and 10 WHEREAS, an estimated 10 million adults in the United States and millions of others worldwide are affected by restless 11 legs syndrome, a disease for which there is no known cure, and 12 13 WHEREAS, the disease is difficult to diagnose and has a 14 significant impact on sleep, concentration, and productivity, 15 with approximately 60 percent of patients waking three or more times a night and almost 50 percent reporting that symptoms 16 17 adversely affect concentration the next day, and 18 WHEREAS, increased awareness and expanded knowledge of the 19 realities of life with restless legs syndrome will allow 20 communities to better support people who struggle with the 21 challenges of the condition, and 22 WHEREAS, the Restless Legs Syndrome Foundation, now known as the Willis-Ekbom Disease Foundation, is a nonprofit 23 24 organization that has joined other groups to promote restless 25 legs syndrome awareness and support, including improved education, diagnosis, research, and treatment, and 26 27 WHEREAS, the Willis-Ekbom Disease Foundation urges patients, supporters, health care providers, and the general 28 Page 1 of 2

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29 public to share information about this disease and available 30 treatments, giving hope of a better future for people with 31 restless legs syndrome, NOW, THEREFORE,

33 Be It Resolved by the House of Representatives of the State of 34 Florida:

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That September 23, 2013, is designated as "Restless Legs Syndrome - Willis-Ekbom Disease Awareness Day" in the State of Florida to raise awareness and to urge citizens to support the search for a cure and assist the individuals and families who deal with this disease.

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