By Senator Rodriguez

40-00056A-24 2024428

A bill to be entitled

An act relating to water safety; amending s. 1003.42, F.S.; requiring comprehensive age-appropriate and developmentally appropriate K-12 instruction on water safety; specifying requirements for such instruction; requiring students to be provided with literature on water safety; providing an effective date.

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Be It Enacted by the Legislature of the State of Florida:

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Section 1. Paragraph (o) of subsection (2) of section 1003.42, Florida Statutes, is amended to read:

1003.42 Required instruction.—

- (2) Members of the instructional staff of the public schools, subject to the rules of the State Board of Education and the district school board, shall teach efficiently and faithfully, using the books and materials required that meet the highest standards for professionalism and historical accuracy, following the prescribed courses of study, and employing approved methods of instruction, the following:
- (o) Comprehensive age-appropriate and developmentally appropriate K-12 instruction on:
- 1. Health education that addresses concepts of community health, consumer health, environmental health, and family life, including:
  - a. Injury prevention and safety.
  - b. Internet safety.
  - c. Nutrition.
  - d. Personal health.

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e. Prevention and control of disease.

- f. Substance use and abuse.
- g. Prevention of child sexual abuse, exploitation, and human trafficking.
- 2. For students in grades 7 through 12, teen dating violence and abuse. This component must include, but not be limited to, the definition of dating violence and abuse, the warning signs of dating violence and abusive behavior, the characteristics of healthy relationships, measures to prevent and stop dating violence and abuse, and community resources available to victims of dating violence and abuse.
- 3. For students in grades 6 through 12, awareness of the benefits of sexual abstinence as the expected standard and the consequences of teenage pregnancy.
- 4. Life skills that build confidence, support mental and emotional health, and enable students to overcome challenges, including:
  - a. Self-awareness and self-management.
  - b. Responsible decisionmaking.
  - c. Resiliency.
  - d. Relationship skills and conflict resolution.
- e. Understanding and respecting other viewpoints and backgrounds.
- f. For grades 9 through 12, developing leadership skills, interpersonal skills, organization skills, and research skills; creating a résumé, including a digital résumé; exploring career pathways; using state career planning resources; developing and practicing the skills necessary for employment interviews; workplace ethics and workplace law; managing stress and

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expectations; and self-motivation.

5.a. For students in grades 6 through 12, the social, emotional, and physical effects of social media. This component must include, but need not be limited to, the negative effects of social media on mental health, including addiction; the distribution of misinformation on social media; how social media manipulates behavior; the permanency of sharing materials online; how to maintain personal security and identify cyberbullying, predatory behavior, and human trafficking on the Internet; and how to report suspicious behavior encountered on the Internet.

- b. The Department of Education shall make available online the instructional material being used pursuant to this subparagraph, and each district school board shall notify parents of its availability.
  - 6.a. Water safety, including, but not limited to:
  - (I) The importance of formal <u>swimming lessons</u>.
  - (II) The proper use of flotation devices.
  - (III) Awareness of water conditions.
  - (IV) How to respond if caught in a rip current.
  - (V) The proper supervision of swimming areas.
- (VI) Safe behaviors in and around the water, including the importance of avoiding alcohol and substance use during water recreation.
- (VII) The importance of pool barriers and fencing, using a life ring or a long object instead of attempting to personally save a potential drowning victim, cardiopulmonary resuscitation for drowning victims, and the order of administering such aid.
  - (VIII) For grades 6 through 12, how to physically throw a

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rescue buoy, such as a life ring or similar device, during an emergency situation.

b. Each school year, students must be provided with literature on water safety to take home and share with their parents or guardians. The literature must be available in English, Spanish, and Creole.

Health education and life skills instruction and materials may not contradict the principles enumerated in subsection (3).

The State Board of Education is encouraged to adopt standards and pursue assessment of the requirements of this subsection. Instructional programming that incorporates the values of the recipients of the Congressional Medal of Honor and that is offered as part of a social studies, English Language Arts, or other schoolwide character building and veteran awareness initiative meets the requirements of paragraph (u).

Section 2. This act shall take effect July 1, 2024.